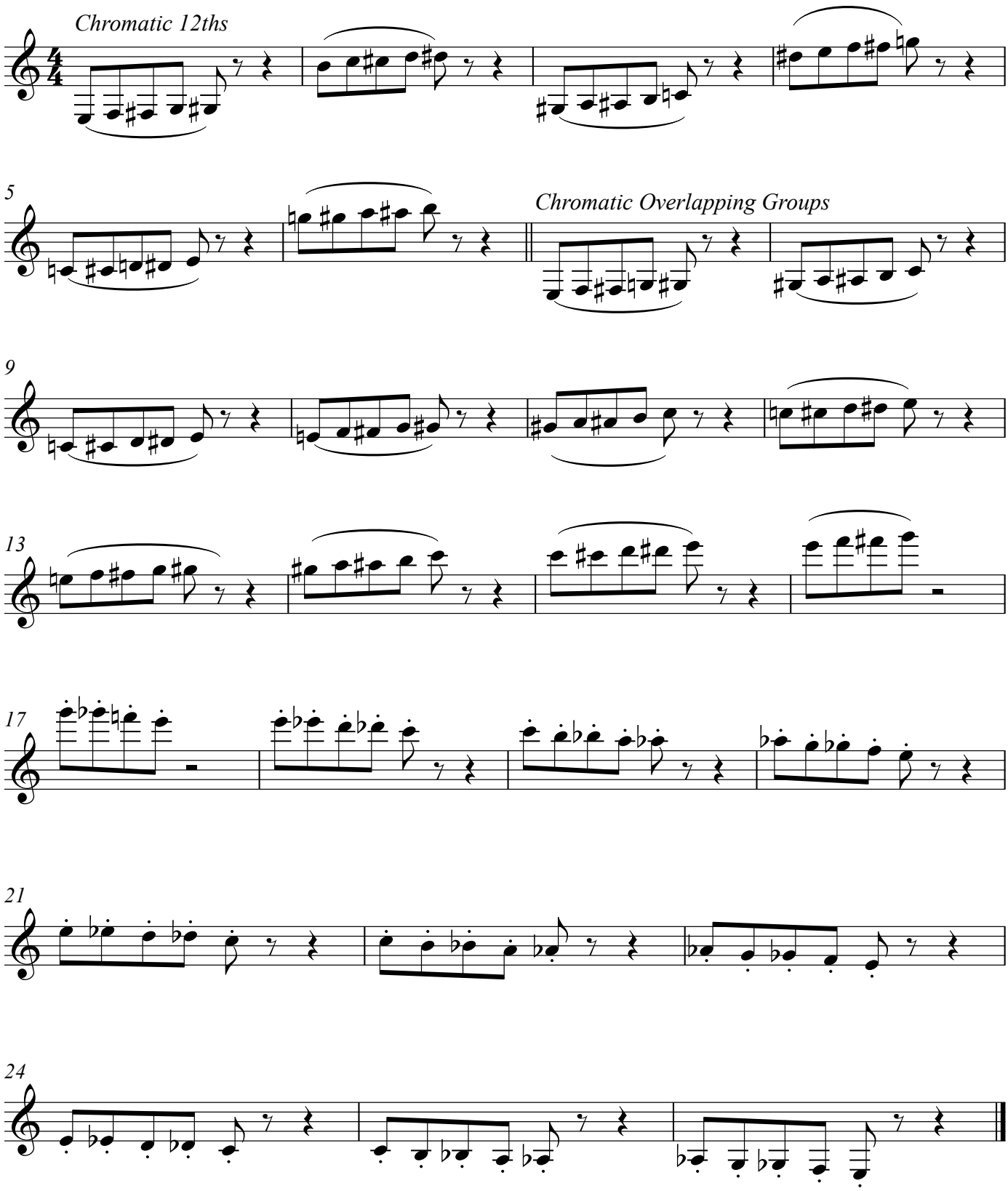
HOW TO
AVOID THE DREADED
"THIRD CLARINET DISEASE"

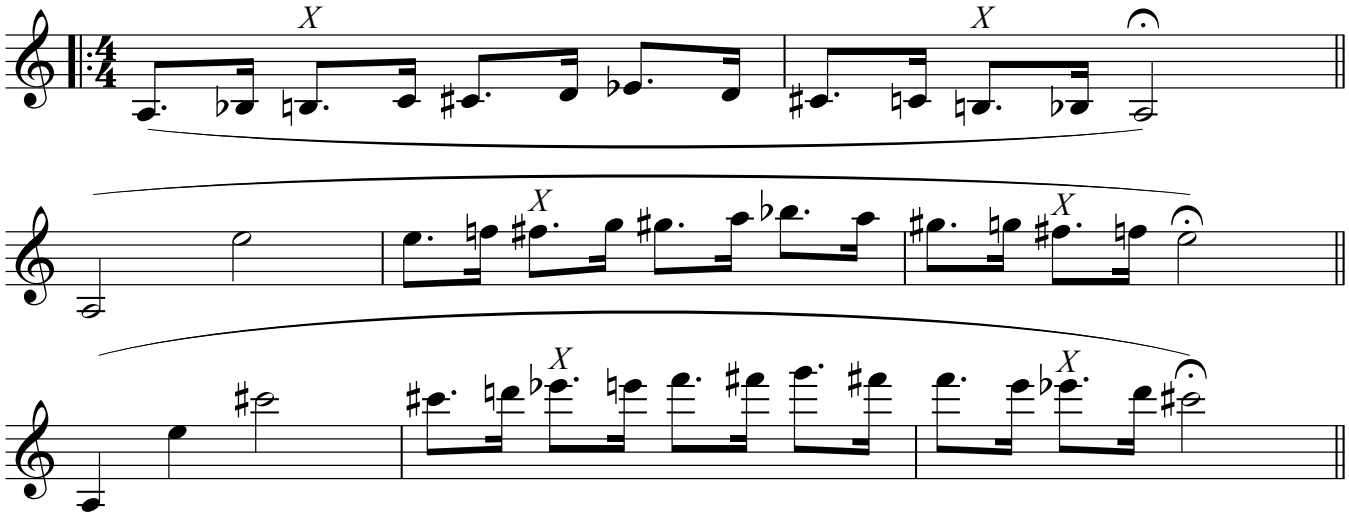
By:

Kristen Sheridan & Rebecca J. McFarland

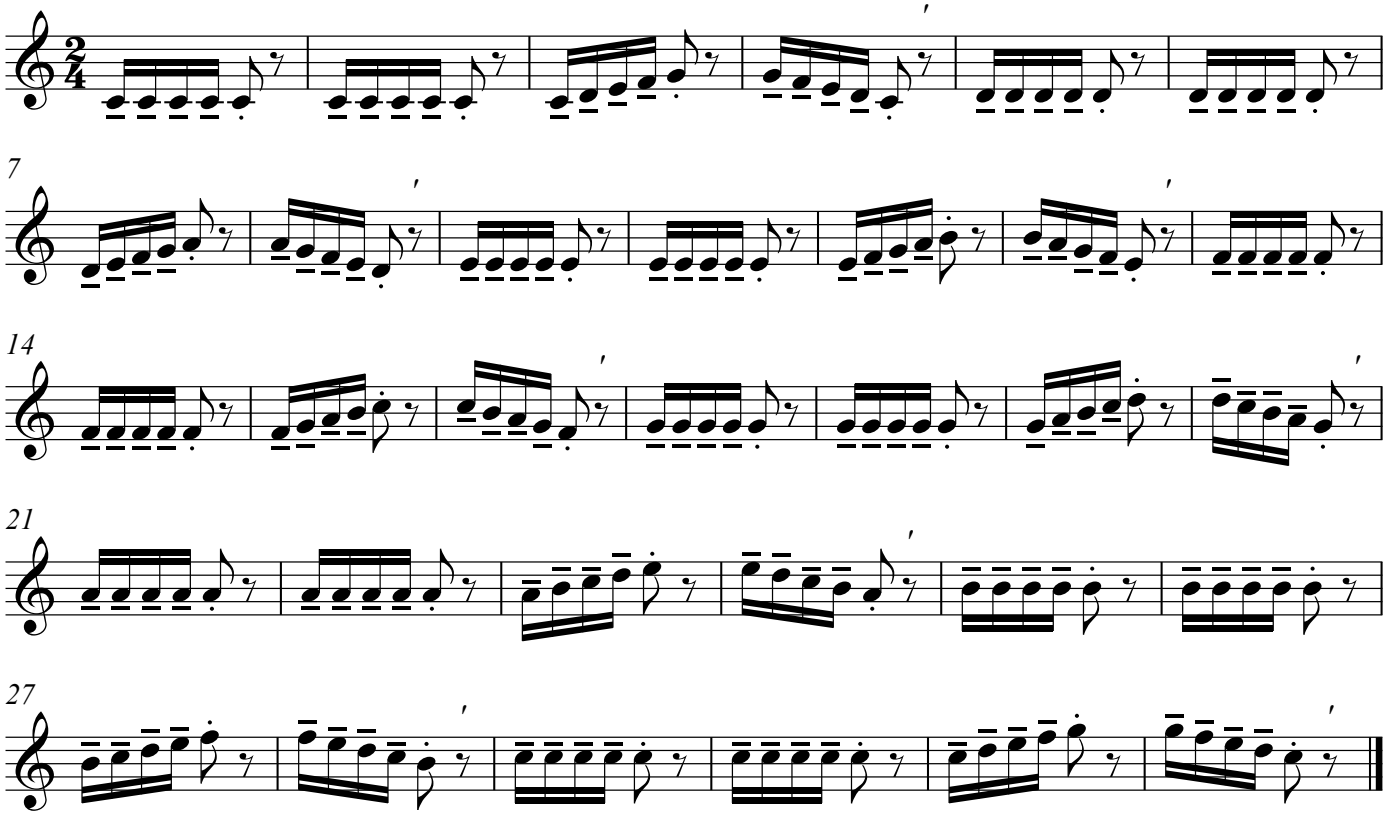
CHROMATIC EXERCISES



CHROMATIC REGISTER EXERCISES



LIGHT AND QUICK ARTICULATION EXERCISE



Tips:
1. Make sure the tongue is high in the mouth (say "HEEE")
2. Strike the tip of the reed lightly with the tip of the tongue with the syllable "THEE"
3. 16ths should be LEGATO, 8ths should be STACCATO
4. Keep the tongue on the reed and keep blowing during the rests
5. Only breathe after four measures on the breath marks - the air should be strong and constant
6. Challenge: Repeat this exercise in the altissimo register or in other keys!

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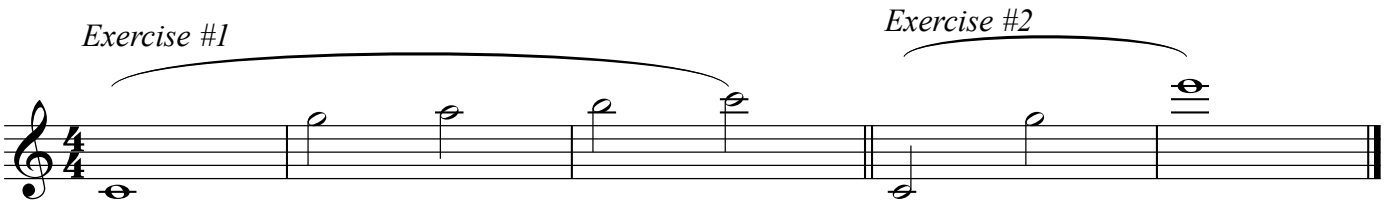
TONGUE POSITION CHECKUPS

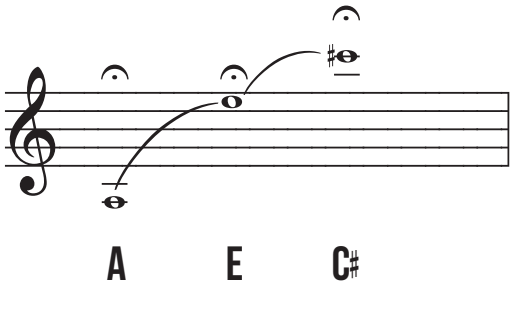


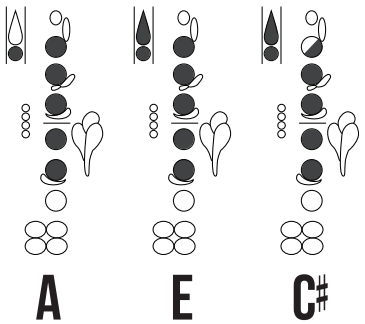
Exercise #1: Play with a drone on concert Bb/ clarinet C.
Make sure that the notes are not flat by using the "HEE" tongue position.

Exercise #2: Have the student play the C at forte, then have the student hit the register key for G.
Once the student can reach the G have the student hit the side G# key for the E.
If the note comes out, the tongue is high enough.
If the note does not come out, the tongue needs to be higher in the "HEE" position.

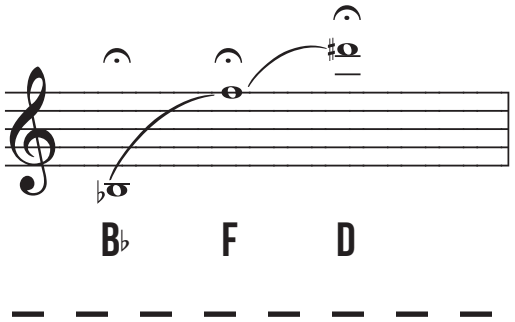
LEARNING TO PLAY IN THE ALTISSIMO REGISTER

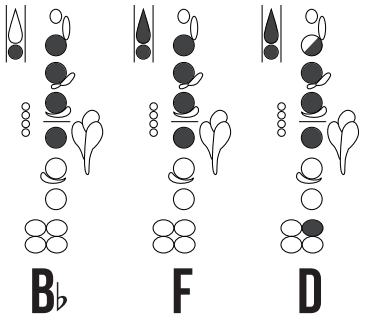
PLAY ALL EXERCISES AT FORTE



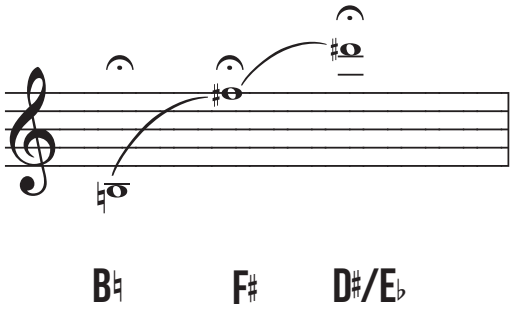


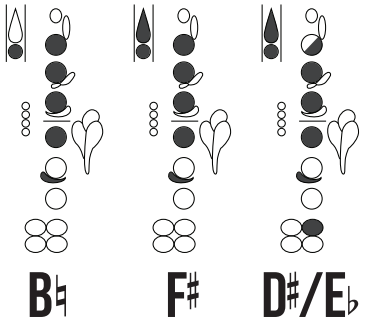
A → E :Add Reg. Key
E → C♯ :½ Hole



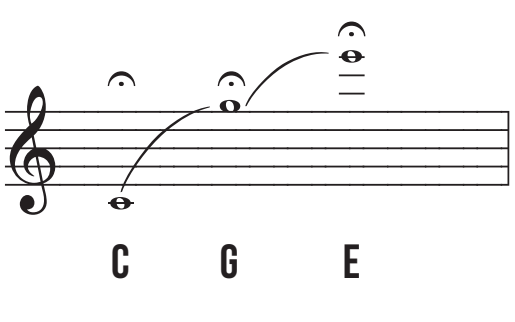


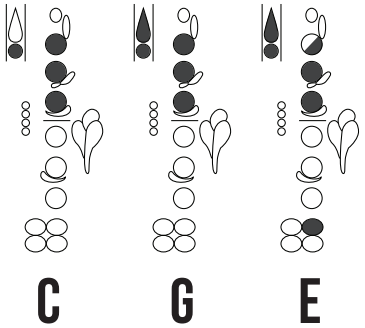
B♭ → F :Add Reg. Key
F → D :½ Hole + E♭ Key



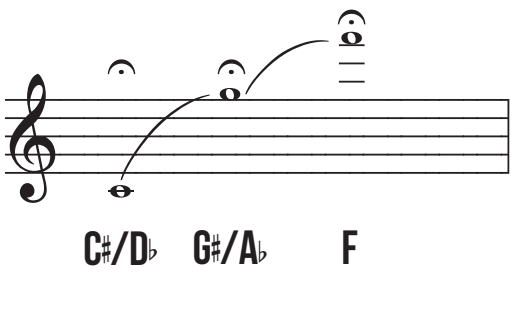


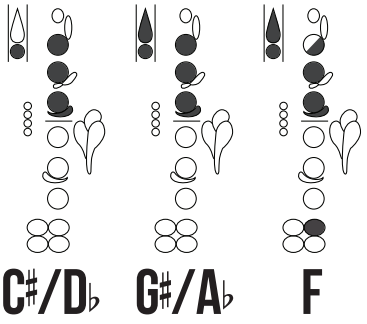
B♮ → F♯ :Add Reg. Key
F♯ → D♯ :½ Hole + E♭ Key





C → G :Add Reg. Key
G → E :½ Hole + E♭ Key





C♯ → G♯ :Add Reg. Key
G♯ → F :½ Hole + E♭ Key

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